



# Okanagan Educational Centre Ltd.

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Re: Letter of Support for Beverly Hunter:

I firmly believe that, had it not been for the brain gym work that Bev did with my son, he would still be struggling to learn to read, hating school, and dealing with all of the low self esteem issues that the "slow student" in the class deals with. Instead, today my son is excited about school, confident in both intellectual and social challenges, and made the honor roll twice last year.

I met Bev three years ago when my son was in grade three. At that time he was hardly reading, unable to copy work from the board, and convinced that he was possibly the "stupidest" kid in the world. He spent many of his noon hours and after school times in frustration and misery trying to copy the teacher's notes from the board. The early November test results indicated that he was reading at a grade 1.5 level. Every morning was an emotionally draining struggle to get him out the door and into the classroom. I knew he wasn't stupid or slow, but his inability to read placed him at the bottom of his class. The extra help he was receiving from the resource teacher didn't seem to make a lot of difference. Something had to change and that's when I heard about Bev and the work she did with brain gym.

During the only session my son had with Bev she discovered that his eyes physically could not track more than two or three letters at a time. No wonder he was having difficulty reading and copying from the board! We also discovered during that session that my son, as athletic as he appeared to be, was unable to do a simple cross crawl. We physically worked with him until he could accomplish this feat. Bev assigned him some other simple exercises to do at home in order to stimulate proper brain functioning to correct the eye tracking. The cross crawl exercise transferred to his ice skating during hockey, and his skating improved there, in addition his ability to track properly and read improved.